

## 2020 NATIONALS – EVENT DETAILS

<b>Event</b>	Criterium
<b>Day</b>	Saturday 18 January
<b>Start time</b>	8 am (start times are subject to change depending on weather conditions)
<b>Location</b>	Victoria Park, Adelaide: For the location (the 'Velo Precinct') <a href="#">[CLICK HERE]</a>
<b>Distances</b>	See table below

### Male Riders

<b>Age grouping</b>	<b>Time</b>
80 years and over	25mins plus 2 laps
75-79 years	25mins plus 2 laps
70-74 years	25mins plus 2 laps
65-69 years	30mins plus 2 laps.
60-64 years	30mins plus 2 laps
55-59 years	35mins plus 2 laps
50-54 years	35mins plus 2 laps
45-49 years	40mins plus 2 laps.
40-44 years	45mins plus 2 laps.
35-39 years	45mins plus 2 laps
30-34 years	45mins plus 2 laps

### Female riders

<b>Age grouping</b>	<b>Time</b>
80 years and over	25mins plus 2 laps
75-79 years	25mins plus 2 laps
70-74 years	25mins plus 2 laps
65-69 years	30mins plus 2 laps
60-64 years	30mins plus 2 laps
55-59 years	30mins plus 2 laps.
50-54 years	30mins plus 2 laps
45-49 years	40mins plus 2 laps
40-44 years	40mins plus 2 laps
35-39 years	40mins plus 2 laps
30-34 years	40mins plus 2 laps

<b>Event</b>	Road Race
<b>Day</b>	Sunday 19 January
<b>Start time</b>	8.30 am (start times are subject to change depending on weather conditions)
<b>Location</b>	Gumeracha (see separate course map)
<b>Distances</b>	See table below

### Male Riders

<b>Age grouping</b>	<b>Laps</b>	<b>Distance*</b>
80 years and over	2	39.2 km
75-79 years	3	55.8 km
70-74 years	3	55.8 km
65-69 years	3	55.8 km
60-64 years	3	55.8 km
55-59 years	4	72.4 km
50-54 years	4	72.4 km
45-49 years	5	89.0 km
40-44 years	5	89.0 km
35-39 years	6	105.6 km
30-34 years	6	105.6 km

### Female riders

<b>Age grouping</b>	<b>Laps</b>	<b>Distance*</b>
80 years and over	2	39.2 km
75-79 years	2	39.2 km
70-74 years	2	39.2 km
65-69 years	3	55.8 km
60-64 years	3	55.8 km
55-59 years	3	55.8 km
50-54 years	3	55.8 km
45-49 years	4	72.4 km
40-44 years	4	72.4 km
35-39 years	4	72.4 km
30-34 years	4	72.4 km

<b>Event</b>	Time trial
<b>Day</b>	Monday 20 January
<b>Start time</b>	8.30 am (start times are subject to change depending on weather conditions)
<b>Location</b>	Woodchester (see separate course map)
<b>Distances</b>	25 km – all age groups.

#### **Male and female riders**

<b>Age groupings</b>
80 years and over
75-79 years
70-74 years
65-69 years
60-64 years
55-59 years
50-54 years
45-49 years
40-44 years
35-39 years
30-34 years